



# INTERNATIONAL ROGAINING FEDERATION Inc.

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Box 3, Central Park, 3145 Australia

[www.rogaining.com](http://www.rogaining.com)

September 2005

## IRF Team

President: Neil Phillips  
World Rogaining Championships Manager: Gordon Birch  
Promotions and Development: vacant  
Secretary/Treasurer: Rod Phillips

Czech Republic: Jaroslav Vavra, Miroslav Seidl  
Finland: Iiro Kakko  
New Zealand: Pete Squires  
Canada: Alan Stradeski  
United States of America: Eric Smith, Clinton Morse, Bob Reddick  
Australia: Rod Phillips, Gordon Birch, John Berwick, Neil Phillips  
Founders Representative: Bob Reddick

Observer status  
Estonia: Andres Käär  
Ireland: Sean Hassett  
Latvia: Guntars Mankus  
New Zealand: Michael Wood  
Sweden: Lars-Åke Svenk  
Russia: German Shestakov, Sergey Yaschenko  
South Africa: Pieter Mulder  
Ukraine: Efim Shtempler.  
7<sup>th</sup> WRC: Alan Mansfield

## IRF Elections 2005

Elections have been called for four IRF Executive positions. All IRF Members and Observers, and presidents and secretaries of each Australian state rogaining association have been notified. Recipients of the message have been asked to forward this message to their member rogainers. The information has been forwarded to the Australian Rogaining Association Council inviting their participation in the IRF election process.

## Strategic Plan for Rogaining

The IRF is in the process of developing a new strategic plan for rogaining (see Newsletter #105), and two early stages in this planning are now complete. Members were asked to provide details of rogaining activity in their

own countries, this information was collated, and the results were then circulated for comment and revision with IRF Newsletter #95 in April 2004. Informal discussions at 6WRC in Arizona built on this overview. These data then formed the basis of a more detailed summary of rogaining activities by country which was presented in IRF Newsletter #100.

The next stage has been an internal and external analysis of our environment with Members and Observers invited to provide their ideas in a conventional 'swot' analysis that identifies our strengths and our weaknesses within rogaining, and the external opportunities and threats for the sport. This information is on the *rogainingplan2005* group site.

There has been an invitation to all Australian state rogaining associations to participate in the strategic planning: this was forwarded to state associations from the ARA, and followed by an invitation from the IRF.

## Rules for 7<sup>th</sup> World Rogaining Championships Sydney 2006

Discussions have taken place between the IRF rules subcommittee who worked with the ARA earlier this year, the organizers of **7WRC Sydney 2006**, and the IRF Executive to give some certainty regarding rules for the 7<sup>th</sup> World Rogaining Championships. The IRF rules subcommittee were not aware of any rules that needed changing for 7WRC. The organizers of 7WRC Sydney 2006 have no requests for special rules related to event safety, and will direct entrants to [www.rogaining.com](http://www.rogaining.com) as the rules of 7WRC. The issue of age categories (in particular Junior) has been discussed widely, and there is no recommendation to change this for 7WRC.

A consequence of this Juniors decision is that the 7WRC Junior category remains at under 20 years of age on the first day of competition. Note that apart from the World Rogaining Championships, the age for Juniors is 18 years old. This means that a junior team can potentially win their national rogaining title and will still be eligible to attend the next WRC in the junior category.

### **Do I have to walk for the whole 24 hours?**

When rogaining started in 1976, every event was of 24-hours duration, and people ran, walked, rested, ate or slept whenever they chose. It seems now that we are making rogaines shorter because some novices find the idea of 24-hours a little daunting (does 12 hours sound that much more relaxing?). Do we need, instead, to be explaining that the event is 24 hours duration, but each team chooses when they want to walk or sleep (or volunteer to help). Particularly relevant is the recent article from Mike Hotchkis (current Australian Rogaining Champion).

*24 hours – or not quite:* A week after the Paddy Pallin Rogaine, we were off to Tarlo River National Park for the ACT Championships. Same location as the Cookbundoon Rogaine which I set, back in 1998. Again I was teamed up with my wife Debbie, and in a 24 hour event this time.

But 24 hours does not mean you have to be crazy. We did this one the civilised way. We went out to the north first, in a loop which took us 7½ hours. We had a relaxed dinner, sat around the campfire, then retired at an early hour. I slept longer than I would at home. Got up, had a pleasant cooked breakfast – something I would not have at home. Then out we went again, to the west for another look at the Tarlo River. Clocked up just enough points for a respectable score and returned to the hash house with the other 24 hour teams in time for another feed. We did not feature among the prize-winners (26<sup>th</sup> out of 32 teams) but we had a good time. I think we slept more, and ate more, than any other team.

### **Rogaining in Ireland**

Rogaine Ireland 2006 will be on 24-25 June 2006.

### **Rogaining in Russia**

*From Sergey Yaschenko*

The 2nd Russian Rogaining Championships were held on September 3-4 near the town of Gordets, not far from Nizhny Novgorod, on the bank of Gorkovskoe water storage basin. The 24 hour event was held in compliance with the international rogaining rules and attracted 40 teams from different regions of Russia: Nizhny Novgorod, Dzerzhinsk, Moscow and Moscow region, St.Petersburg, Tolliyatti, Perm', Tula and others. The organizers had prepared a quality map especially for the event, the terrain was appropriate, and course planning was a sufficiently difficult task. There were a total of 59 checkpoints. Oleg Kalinin and Sergey Yaschenko won the event, and were the only team that managed to visit all the checkpoints and scored 265 points in 22 hours 36 min. The team from Tula was placed second with 246 points (23.30). The organizers headed by Oleg Glazyrin did a very good job. Please follow the link below to see the Russian Rogaining Championships competition map:

<http://orient.nnov.ru/rogain/rogain/mapwinRu.jpg>

### **Paddy Pallin 6 hour rogaine, NSW Australia**

Close to 700 participants! Entries came in early and exceeded the capacity of the course. The organizer was left with no option but to close entries early. This meant a lot of disappointed people with entries returned. While we are delighted so many people wanted to participate, unfortunately limits must be imposed to maintain the quality of the event and meet property manager's requirements.

### **Rogaining in South Africa**

2005 Capestorm Foot and Mountain Bike Rogaines for teams of two at Belfast on 29-30 October 2005 in 4500 ha Komatiland Forest. The competition centre is the Lakenvlei Forest Lodge, a favourite training and competition destination for local and overseas sports people.