



# INTERNATIONAL ROGAINING FEDERATION Inc.

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~1976-2006 30 years of ROGAINING~

Newsletter No. 121

Box 3, Central Park, 3145 Australia

[www.rogaining.com](http://www.rogaining.com)

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## IRF Team

President: Neil Phillips  
World Rogaining Championships Manager: Peter Taylor  
Promotions and Development: Brad Hunt  
Secretary/Treasurer: Rod Phillips  
Technical Manager: vacant

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Finland: Iiro Kakko  
New Zealand: Pete Squires  
Canada: Alan Stradeski  
United States of America: Eric Smith, Bob Reddick  
Australia: Rod Phillips, John Berwick, Neil Phillips, Peter Taylor  
Founders Representative: Bob Reddick

### Observer status

Brazil: José Nilton Silva Vargas  
Canada: Murray Foubister, Francis Falardeau  
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Russia: German Shestakov, Sergey Yaschenko  
South Africa: Pieter Mulder  
Ukraine: Efim Shtempler  
7<sup>th</sup> WRC: Alan Mansfield

## Rogaining in Hong Kong

The first rogaining event in Hong Kong is planned for 27-28 January 2007. It will be held at Sai kung Country Park. Organizer Patrick Ng attended 7WRC and gained several ideas from this rogaine to use in Hong Kong's first event. Other Hong Kong participants have attended previous World Rogaining Championships. Details: 852-2728 3244, and [award@ayp.org.hk](mailto:award@ayp.org.hk)

## Rogaining in New Zealand

Guy Fawkes Rogaine - Saturday 4th November - Western Tararua 12hr, 6hr, and 3hr courses in an area consisting of farmland, regular walking tracks, and thousands of hectares of lightly tracked bush.

'Heights of High Country' Office Hours Rogaine - Saturday 25th November. Treat yourself to a 7 hour rogaine before the year ends. This event is in the Canterbury eastern high country between Mt Somers and Lakes Clearwater and Heron and between the Rangitata and Ashburton Rivers, where you've probably never been before. Great views are assured. It will be suitable for trampers and others to try rogaining and to test and develop map reading skills. There are no grade and gender classes, all teams being created equal. Details and entry form are available on the NZRA website, <http://www.rogaine.org.nz>. Enquiries Grant Hunter, [hunter@clear.net.nz](mailto:hunter@clear.net.nz).

### December Dash - Saturday 9th December

The December Dash will be held on 85 sq km of Hawkes Bay farmland (65%) and pine forest of varying maturity (35%). Chris Howell is the organizer with Alan Berry the vetter. There will be 12, 8, and 4hr options.

## Rogaining in Israel

The second rogaine in Israel is on Saturday, 4th November 2006, at the President's Forest, just south of the Tel Aviv - Jerusalem highway. This is 20 minutes from the airport, and 40 minutes from Tel-Aviv. It will be a 7 hour rogaine starting at 7:30am, maps given out at 7am. The terrain is mostly steep hills with pine forests and a dense track network.

To the west is a more moderate area with a mix of cultivated land, orchards, and rough open ground. Any foreign visitors wishing to participate, contact [nivut@netvision.net.il](mailto:nivut@netvision.net.il) and we will assist with transport, accommodation, and finding teammates if necessary. Kibbutz Yad-Hana 42840, Tel. 09-8765444, Fax. 09-8765404 [www.nivut.org.il](http://www.nivut.org.il)

### **Rogaining in Eastern Canada**

Laurentian Rogaine 2006

From Francis Falardeau

The seventh Laurentian Rogaine took place on the September 9-10 week-end starting at Sainte-Adele train station, Quebec. It was an 8 and 24 hour event with 155 participants from Quebec, other provinces of Canada and beyond.

At 7:00 AM there was a crowd at the Sainte-Adele train station registering and preparing for the event. At 9:00 AM, each participant received a special topographic map covering a forested area of 105 square kilometres. The map showed the location of water and feed stations and 45 controls which represented between 10 and 76 points each depending on the level of access and difficulty. With much excitement and high energy the teams used the next hour to plan their personal itineraries so as to optimize their point earning within the time restraints. At 10:00 AM the teams went into the forest to find the controls, punch their cards.

Reflectors attached to the white and red orienteering flags rendered the search easier through darkness for the 24 hour teams. Most of the teams finished in time to avoid penalties. Another reason for teams to rush back was the delicious meal awaiting them at the base camp throughout the event. The sore muscles, tired limbs, overworked brain and growling stomach made many people smile upon arrival. A rainy Saturday morning, followed by a humid and cold night slowed down many unprepared teams. On Sunday morning, warm weather gave enjoyment to participants and volunteers.

Outclassing the other teams, Christiaan Piller and Bill Wells reached all controls and picked up 2025 points. The overall 24 hour winning

team from Toronto in Ontario finished the event with a comfortable 18:58:39. Tanya Martin and Benoit Létourneau from Gatineau in Quebec came in second overall with 2025 points in 21:37:33. Shawn Bethune from Darlings Island in New-Brunswick and Jodi Isenor from Dartmouth in Nova-Scotia came third with 2025 points in 22:24:29.

Charles Huot and Stephanie Lajoie from Montreal in Quebec won the 8 hour event with 1133 points. Alain Harel and Derek Horan from Orford in Quebec came second in the 8 hour category with 1113 points. Frederic Bedard from Gatineau in Quebec and Benoit Chagnon from Orleans in Ontario came third in the 8 hour category with 968 points.

Event logistics were provided by Jean-Sebastien Thibault, Luc Baril, Nathalie Blais, Andre Lapalme, Marc Genier, Pierre Vadeboncoeur, Paul Falardeau, Maryse Falardeau, Francis Falardeau and Cafe Espresso employees. Security was done by Charles Bernard, Director of Morin Heights Fire Prevention Department.

The organizers would like to thank the towns of Sainte-Adele, Saint-Sauveur, Piedmont and Morin Heights, SOPRE, landowners and numerous volunteers who gave their time, effort and warm reception to the participants. Until next adventure!

### **Rogaining in Poland**

Kaszubskie Lakeland, North Poland (50 km from Gdańsk City).

Masters adventure race: 24-29 October 2006 of 350-400 km (non-stop, day and night). Teams: 4 members, mixed

Speed adventure race: 26-29 October 2006 of 150-200 km (non-stop, day and night). Teams: 2 members, open.

<http://www.adventurerace.pl/en/mp2006/masters/registration/entryform.htm>  
<http://www.adventurerace.pl/en/mp2006/speed/registration/form.htm>