

INTERNATIONAL ROGAINING FEDERATION Inc.

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Box 3, Central Park, 3145 Australia www.rogaining.com May 2008

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Secretary/Treasurer: Rod Phillips Technical Manager: Lauri Leppik

Members of IRF

Czech Republic: Miroslav Seidl, Jan Tojnar

New Zealand: Alan Holdaway Canada: Murray Foubister

United States of America: Bob Reddick,

Eric Smith

Estonia: Andres Käär, Lauri Leppik

Latvia: Guntars Mankus

Russia: Sergey Yashchenko, Evgeny Dombrovskiy

Ukraine: Efim Shtempler

Members from Australia: Alan Mansfield, Rod Phillips,

Neil Phillips, Peter Taylor.

Observer status

Brazil: José Nilton Silva Vargas

Canada: Francis Falardeau, Allan Stradeski

Germany: Marko Rößler
Hong Kong: Patrick Ng
Ireland: Sean Hassett
Israel: Dan Chissick
Japan: Kazuhiro Takashima
New Zealand: Michael Wood
Norway: Lars-Åke Svenk
Poland: Beata Michalska

Russia: German Shestakov South Africa: Lise De Speville, Pieter Mulder

Sweden: Bengt Nilsson Switzerland: Dieter Wolf USA: Barb Bryant 6th WRC: Peg Davis

Rogaining for all ages

There are few sports in which you can be introduced as a sub-teenager competing with your parents, and retire from the sport three quarters of a century later watching your grandchildren excel. More parents are

taking their children rogaining by starting with them on their back before the age of one, walking slowly with them after age six, watching them go on their own in their teen years, and then being no longer able to keep up as their children accelerate ahead in their twenties. We have already had three generations of a family in one rogaining team (see # 125), and examples of people regularly rogaining into their 70s and 80s.

In this Newsletter, we look at one end of a sporting life cycle and acknowledge some of the outstanding performances for our older participants.

Veterans lead in Victoria

There were some fascinating results at the recent Victorian Rogaining Association 24 hour rogaine (which included a 15 hour event). These results were certainly not unique within our sport, but in many ways are indicative of the great age span we cater for as a sport and physical activity.

Rhymney Reef Rogaine – 24 hour and roving 15 hours Ararat, Victoria, Australia

24 Hour event:

1st overall: Merv Trease and Vic Sedunary (super veterans – over 55)

3rd overall: Peter Searle and Ian Herbert (super veterans)

1st Womens: Ivana Cicchelli and Kerry Gigante (veterans – age undisclosed) 2nd Womens (a veterans team)

Roving 15 hour rogaine:

1st overall: Derek Morris and Ted van Geldermalsen (veterans – over 40),

2nd also veterans

4th overall Tim Dent and Rob Taylor (ultra veterans – over 65)

Amongst his other claims to fame that include state rogaining champion status, Derek Morris is a regular course setter of major rogaining championships including the Australian Rogaining Championships at Barkly in 2004.

For both the 24 hour and roving 15 hour, eleven of the top 25 teams were veterans. In amongst these veterans were some lively inter-university teams, and the odd novice team.

Australian Masters Games

Perhaps it is appropriate that rogaining has been accepted as a sport in the Australian Masters Games to be held in Geelong outside Melbourne in early 2009.

"The Games will be held in Geelong from 20 February - 1 March 2009. Start planning your Masters summer holiday now and get your friends and family to join in the fun. You can view all the updated information on our new website www.AustralianMastersGames.com".

The Games offer over 60 sports across 80 venues in Geelong and surrounding regions. A number of new sports that were not offered in 2007 include: Surfing, Rogaining, Golf pitch n putt, Orienteering, Water Skiing and Futsal to name a few.

For rogainers, there are some familiar themes when one reads the aims of the Australian Masters Games: "The Games ... provides the opportunity for participation and competition for people over the age of 30 years, regardless of background or ability, with the aim of

encouraging lifelong participation in sport. While the competition is important, one of the key attractions of the Games is the social interaction and spirit of camaraderie experienced by participants. Course setting is already in progress under the leadership of VRA President, Rob Gardner.

Veteran rogainer – Geoff Reynolds

It is with some sadness that we report the death of Geoff Reynolds in Western Australia recently. Geoff started his rogaining (with his wife Judy as partner) in 1982 and completed his last rogaine in 2002. This may not seem too unusual except that Geoff was in his late 60s when he made his rogaining debut. He was almost certainly the first person to rogaine in their 70s, and then again in their 80s. He died at age 95, and was remembered especially fondly by his WARA colleagues.